

Spoon River College  
Attn: Andrea Barbknecht  
Office of Community Outreach  
23235 N. Co. Hwy. 22  
Canton, IL 61520



Register by phone: (309) 649-6260  
or by e-mail at [andrea.barbknecht@src.edu](mailto:andrea.barbknecht@src.edu)

## Resource Fair Sponsors:

MidAmerica National Bank  
Fulton County Housing Authority  
Courtyard Estates of Canton  
Visiting Angels  
Western Illinois Home Health Care  
Hanes Physical Therapy  
Thrivent Financial  
Advanced Rehab & Sports Medicine  
Spoon River Home Health  
Renaissance Care Center

Lifelong Learning Conferences at Other Locations:

- Macomb LLC—Friday, November 2nd
- Rushville & Havana—Spring 2019

Special thanks to partner  
**MidAmerica National Bank**  
for sponsorship of this program.



present the 24th

# Lifelong Learning Conference

(formerly the Retirees Learning Institute)  
SRC Canton Campus

*A fun-filled day FOR Lifelong Learners  
BY Lifelong Learners!*

*Friday,  
October 12, 2018*

\$20 tuition (\$30 after Oct. 5) includes:

- Check-in & Refreshments at 8:00 a.m.
- Keynote Address
- Resource Fair
- Lunch
- Three Break-Out Educational Sessions

LOCATION:  
Spoon River College  
Conference Center, Engle Hall-Canton Campus  
23235 N. Co. Hwy 22  
Canton, IL 61520

Spoon River College & MidAmerica National Bank  
present the **24th Lifelong Learning Conference**  
(formerly Retirees Learning Institute) - Fall 2018!

## SESSION TOPICS (please choose one topic from each session)

Check-In: 8:00-8:30 a.m.

Session I: 10:00-10:50 a.m.

Opening Remarks: 8:40 a.m.

Keynote: 9:00-9:50 a.m.

### Abraham Lincoln: Freedom Fighter and the Flight to Freedom

The Underground Railroad was running long before Abraham Lincoln became President and pushed to abolish slavery. The Underground Railroad was a complex system that helped thousands of slaves make their way to freedom, and some of these routes ran through Western Illinois. Lincoln enthusiast **Rick Klinedinst** will share interesting facts about the underground railroad, including some of the key players, their secret codes, routes along the Illinois and Spoon Rivers, and the life-threatening dangers they faced every step of the way.



**GOING GREEN!** Feel free to bring a shopping bag to carry with you during your day at the Lifelong Learning Conference! Some of the vendors may also be distributing bags during the Vendor Fair.

### 1918 Spanish Flu Pandemic

One century ago, October of 1918, was the most severe period of this notorious pandemic, causing the deaths of millions of people worldwide—from Alaska to the South Pacific Islands. History buff **Cathy Harris** will talk you through the devastation caused by this huge health calamity.

### Daughters of the Steppes: the Night Witches of World War II

The Soviet Night Witches were the most extra-ordinary female fighting force during WWII. **Brooks Carver** will discuss these 18-23 year-old women who became the first in the world to fly combat missions. The pilots of these first “stealth bombers” were among the most feared pilots by the Germans during the war, were some of the most highly decorated regiment in the Soviet Air Force, AND, there was no witchcraft involved!

### Switzerland: More than Chocolate

Switzerland is a small, land-locked country with so many activities to offer. Now that it's **Mike Delligatti's** favorite country to visit, he'll share photos and stories of gorgeous mountains, beautiful hikes, interesting agriculture, gondola rides, train rides, ice caves, Swiss chocolate, Swiss banks, and cows everywhere. You'll also get an up-close view of the Matterhorn.

### Birding in Illinois

Central Illinois is one of the best birding locations in the world. **Rob Kirkham** will share tips and techniques that will add enjoyment to this popular hobby. Learn about the rich variety of birds found locally, some of the best birding locations in Illinois, and how your computer and cell phone can enhance this hobby. Bonus tips for those who want to try bird photography.

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## SESSION TOPICS (continued)

### Session II: 12:30-1:20 p.m.

#### Discovering Hamlet

As the Company for the SRC Theater production of *Hamlet* prepare for the opening of the show on Nov. 9, they undergo a process of discovery about the iconic play, about Shakespeare, and about the transformative nature of theatre and literature. Selected members of the company will present a panel-style discussion of their individual and collaborative journeys, under the direction of **Doug Okey**.

#### My Bohemian Italian Wellness Holiday

Come away with **Jeanine Standard** and her beloved friends to the heart and culture of Sicily and rural Italy. Experience vicariously the ebb and flow of Palermo Sicily; the unprecedented Greek ruins of The Valley of the Temples; the farm-to-table organic Italian cooking; the pursuit of artistic talents; and candid moments practicing yoga in the Villa Cantina. You won't want to miss this Bohemian adventure!

#### Active Aging: Maintaining Mobility in "The Golden Years"

Many people spend their lives looking forward to all of the things they will do in retirement, only to find that pain, weakness, balance issues, etc. put a crimp in their plans. Join **Adam Hanes** to explore ways to manage these symptoms and restore the quality of life we all aspire for!

#### Update on the Canton Area Heritage Center

Get an update on the newly-opened Heritage Center, its exhibits and the history of several of its artifacts, as well as programming that's planned this fall. Join **Cheryl Bielema, Phil Gregory, Jim Morgan** and **Harold Rose** for the latest news and opportunities.

#### NYC & the Recent Theater Scene

Join LLC favorite **Stan Ransom** for a tour of New York City and its vibrant theater district. See the interiors of several historic theaters and the hit shows currently running on the Great White Way.

### Session III: 1:30-2:20 p.m.

#### Arguing the News

Fake news. Real news. Biased reporting. Fair and balanced. What does it all mean? How is news gathered? How do you read it? How do you know it is right or wrong? Join **Larry Eskridge** to get a glimpse into what a reporter has to do to gather information for a story and how to interpret a story with which you don't agree. Come prepared to think and argue. It may not be comfortable, but it is important.

#### Center of Attention Centerpieces

What does **Christine Wright** have in store for Fall of 2018? Unique, trendy and traditional twisted centerpieces for Halloween, Thanksgiving, Christmas and New Year's, along with fun appetizers and surprises! You won't want to miss it!

#### What is 2-1-1 Fulton County?

Join United Way Director, **Ann Lockhart**, to learn about a new United Way initiative—2-1-1—that will help residents of Fulton County find help 24 hours a day, 365 days of the year, simply by calling "2-1-1."

#### Bee There or Bee Square

**Kyle & Cassi McCarthy** from Hilltop Honey Co. of Lewistown will discuss current concerns to honeybees, backyard beekeeping, and the operations at Hilltop Honey Co. You'll also sample honey varieties, view an observation hive, and learn about the beekeeping and honey equipment.

Canton Spring Lifelong Learning Conference

**Friday, April 12, 2019**



Lifelong Learning Conference  
Friday, October 12, 2018 from 8:00 a.m.-2:30 p.m.  
Questions: Call 309-649-6260

## Registration Form (Complete & Return)

Complete this form and return it along with a \$20 tuition fee payable to Spoon River College.

**8:00—8:30 a.m. Registration & Check-in**

**8:40 a.m. Opening Remarks**

**9:00-9:50 a.m. Keynote Address**  
Abraham Lincoln: Freedom Fighter and the Flight to Freedom

**Please mark your 1st and 2nd choices in each:**

**10:00-10:50 a.m. Session I Choices**  
 1918 Spanish Flu Pandemic  
 Daughters of the Steppes  
 Switzerland: More than Chocolate  
 Birding in Illinois

**11:00 a.m. Resource Fair**

**11:45 a.m. Lunch: Soup & Sandwich Buffet**  
 Vegetarian Request \_\_\_\_\_  
 Dietary Restrictions \_\_\_\_\_

**12:30-1:20 p.m. Session II Choices**  
 Discovering *Hamlet*  
 My Bohemian Italian Wellness Holiday  
 Active Aging: Maintaining Mobility  
 Update on Canton Area Heritage Center  
 NYC & the Recent Theater Scene

**1:30-2:20 p.m. Session III Choices**  
 Arguing the News  
 Center of Attention Centerpieces  
 What is 2-1-1 Fulton County?  
 Bee There or Bee Square

Seating is limited so please register EARLY!

Registration deadline is **October 5th!**

If you need special accommodations to participate in this program, or wish to register by credit/debit card by phone, please call (309) 649-6260.

Please feel free to copy and share this brochure with friends.

Please submit **one form per participant** and include your \$20 check (\$30 after October 5th) payable to Spoon River College.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_

Day Phone \_\_\_\_\_

Email \_\_\_\_\_

By providing your e-mail address, you are agreeing to receive updates from SRC regarding upcoming offerings.

**Mail registration and payment to:**

Spoon River College Comm. Outreach  
Attn: Andrea Barbknecht  
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